



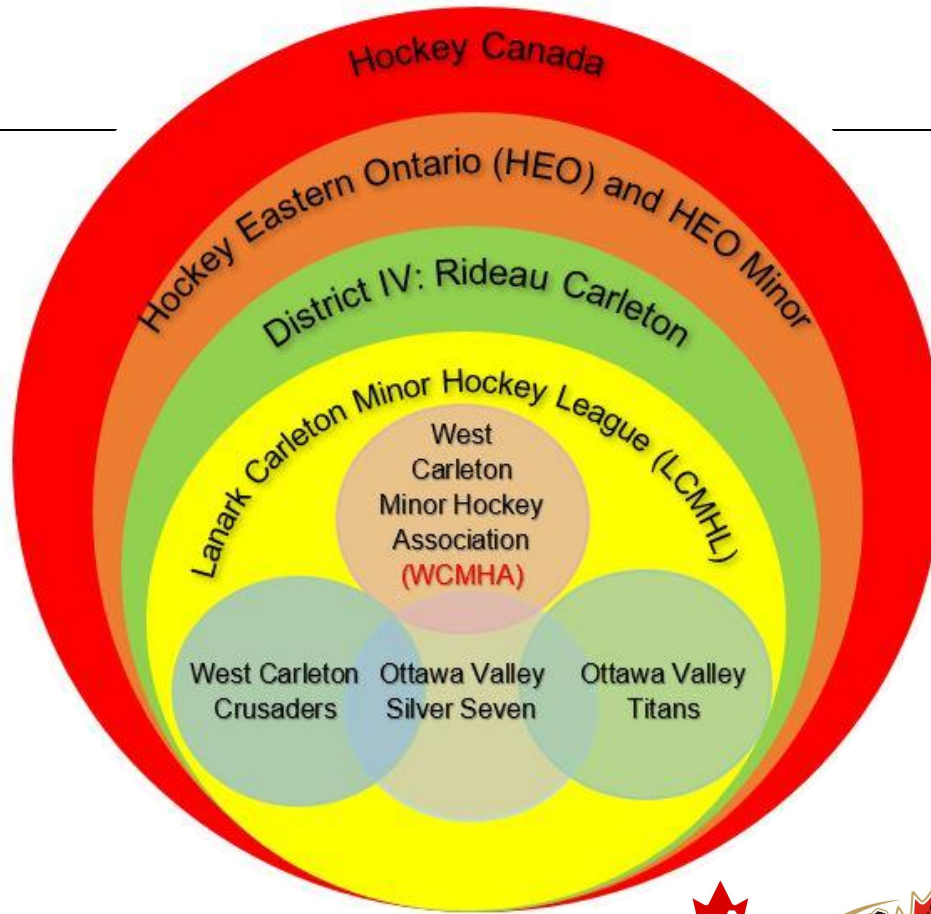
WEST CARLETON

MINOR HOCKEY ASSOCIATION

**2023-2024 WCMHA
Warriors & Crusaders
Coach and Manager
Information Presentation**

President





President





Introductions



President

Natasha
Danschinko

president@wcmha.ca

Vice President

Chris Havey

vp1@wcmha.ca

Secretary

Vacant

secretary@wcmha.ca

Treasurer

Ross Morgan

treasurer@wcmha.ca

Registrar

Lisa Scian

registrar@wcmha.ca

Level Coordinator, U7

Charlotte Divins

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Level Coordinator, U9

Jen Byrnes

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Level Coordinator, U11

Janna Cartier

u11@wcmha.ca

Level Coordinator, U13

Megan McDonald

u13@wcmha.ca

Level Coordinator, U15

Jill Beck

u15@wcmha.ca

Level Coordinator, U18

Jill Beck

u18t@wcmha.ca

Level Coordinator, U21

Jenny James

u21@wcmha.ca

Please see website for complete list of Volunteer Board Members

President





Hockey Operations



Director Of Hockey Operations	Mark Heuchert	hockeyops@wcmha.ca
Director of Competitive	Sherwin Sim	compdirector@wcmha.ca
Director of Recreation	Roibert Giroux	rechockey@wcmha.ca
Coach Mentor	Matt Baker	mentor@wcmha.ca

Please see website for complete list of Volunteer Board Members

President





WCMHA Constitution Aims and Objectives

Constitution

Article 2. AIMS AND OBJECTIVES

The objectives of the Association are to foster, improve and perpetuate the sport of hockey, to encourage sportsmanship and fair play among its minor hockey players, Team Staff and Board of Directors and to provide equal opportunity for all eligible players within the Association boundaries prescribed by HEO to participate in the sport.





LCMHL Key Dates

LCMHL Important Dates

Tournaments:

- Must be approved in advance
- Tournament Approval Form on LCMHL Web site (For Teams menu)
- Blackout Dates: Correspond to weekends during Playoffs (round 1)

Event	U9	U11	U13	U15	U18	U21
Coach/Manager Mtg	2023-10-04					
Reg Season Start	2023-10-16	2023-10-16	2023-10-10	2023-10-10	2023-10-16	2023-11-01
Halloween (No games U11/U13)	2023-10-31					2023-10-31
Christmas Break	2023-12-22 - 2024-01-01					2023-12-22 - 2024-01-01
Reading Week						2024-02-16 - 2024-02-25
Reg Season Ends	2024-02-10					2024-02-15
Playoffs Begin	2024-02-16					2024-02-26
Playoffs End	2024-03-07					
March Break	2024-03-08 - 2024-03-17					
Finals	2024-03-18 - 2024-03-31					2024-03-18 - 2024-03-17
Blackout Periods	2024-02-16 - 2024-02-18					2024-03-01 - 2024-03-3 2024-03-08 - 2024-03-10
	2024-02-23 - 2024-02-25					
	2024-03-01 - 2024-03-03					





Team Web Logins (LCMHL)

****Accessible via the LCMHL Website under “For Teams and Obtaining a website account”**





Team Contact List

- Each team will receive their player contact list from Jenny James
- This list will include family contact information and the players HCR#
- Managers will need to update the team contact list to include Jersey #'s and **all** team staff
- Once completed please send to Jenny James at: director-al@wcmha.ca
- The Registration Team will confirm all staff qualifications and let you know if anyone requires up to date PRC's or qualifications





Team Rosters

- All Players and Team Staff (Coach, Ast. Coach, Trainer & Manager) are required to be on an approved team roster for insurance and other purposes.
- *****if they are not on the roster they are not on the ice or on the bench!**
- Team rosters are completed by our registration team using a database called Hockey Canada Registry (HCR)
- **New Volunteers**– please contact our Registration team at registrar@wcmha.ca
- Team rosters with your player jersey # and all coaching staff must be emailed to our Registration team member: Jenny James at director-al@wcmha.ca





Bench Staff Certification requirements

- **ALL Team Staff and Team Manager's**
 - Respect in Sport Activity leader (Speak Out) Online
 - Gender Identity Training online
 - Vulnerable Sector Check
- **Trainers additional requirements**
 - Level 1 HTCP online
 - Level 2 HTCP – U12-U18 Competitive
- **U7 & U9 Bench staff additional requirements**
 - Hockey University Online Coach ½ course
 - Coach 1 – Intro Coach
- **U11-U21 additional requirements**
 - Hockey University Online Coach ½ course and Coach 2 –HOUSE
 - Dev 1 – Competitive for U12 to U18

*******There is NO such thing as On ice helpers for adults they must be qualified and rostered as bench staff**





Vulnerable Sector Checks



➤ Vulnerable Sector Check

- Completed by all volunteers over the age of 18
- Process Change: VSC's are done Online or In Person @ 2670 Queensview Dr
<https://www.ottawapolice.ca/en/reports-and-requests/police-record-checks.aspx>
- You can find the current volunteer letter on our website under Volunteering
 - Regulation Change: HEO tracking and expiration is 3 years and MUST be valid for the whole season up to March 31st of the current season

➤ **VSC Approval Notices are to be sent to** director-al@wcmha.ca

➤ **All Bench staff must provide a completed VSC by October 31st**

➤ **Proof bench staff have submitted their VSC must be provided prior to your first league game**

Failure to comply will result in immediate removal from the Official Team List





Requirements for Youth On-Ice Helpers

- Team officials are to utilize sound judgment when selecting a young person as an on-ice helper. These decisions must be made from a developmental and supportive perspective. We want these “helpers” to provide assistance to the other team officials, while gaining knowledge and experience of a teaching type role. This is not designed as an opportunity for players to get extra ice time. Not just a puck shuffler!

- **Individuals that volunteer within an association must be either;**
 - a “registered” member of a Minor Hockey Association (WCMHA Player)
 - a “registered” member of a Junior Hockey League
 - an on-ice official
 - This ensures that the insurance coverage has been secured





Requirements for Youth On-Ice Helpers

- Youth on-ice helpers may volunteer with a team during practices. They may only be demonstrators/helpers and are not to partake in any scrimmages as a player would.
- Players that volunteer must be at minimum, one age division higher than the team which they are volunteering with.
- Players are not permitted to volunteer, as an on-ice helper, with a team at the same or higher division.
- Players that volunteer must wear full gear if they are 16 or under.
- Players who are 16 years of age or older must have speak out training and gender identity training.
- Players 18 years of age or older must have a police record check done.
- **Note:**
- All team players must wear full gear for all games and practices with their own team





Travel Permits

If you do not find the tournament listed here you will require a TP

<https://www.hockeyeasternontario.ca/tournaments/tournament-directory/>

- **Travel permits must be submitted at least 2 weeks in advance.**
- You must complete all sections of the travel permit
- Your team roster provided by LC will include all required information for players
- Insure ALL players including your AP's are on the roster
- Never stroke out a player even if they are not intending to attend (circumstances change and we do not want to complete another form if missing players)

<https://www.heominor.ca/system/files/Team%20Travel%20Permit%202021.pdf>

Please send your completed Travel Permit to registrar@wcmha.ca





WCMHA Policy & Procedure Manual

- ▶ Updated **online**
- ▶ Detailed seasonal information
- ▶ pages we should all read
- ▶ A go-to guide if you are stuck
- ▶ Check the website
- ▶ Ask your Level Coordinator
- ▶ Ask a board member





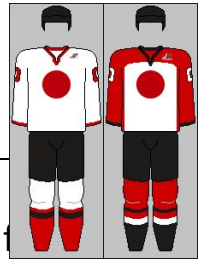
Ice Time Policy

- Will be posted on the website and accessible to Coaches, Parents and Players
- Strong emphasis on player development, winning is the by product.
- Key Points
 - Equal Rotations for players
 - Specialty Teams (Warriors/Crusaders)
 - Last 2-3 min line up adjustment
 - Equal goaltender rotation
- The hockey season is a marathon.





Affiliation rules

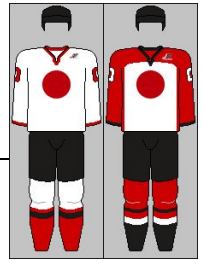


- During the season, the team may require affiliated players. The Head Coach is responsible for ensuring strict adherence to the rules and regulations governing this process.
- The Coach wishing to use a player as an affiliate MUST ask permission of the Coach of the player's registered team prior to asking the player.
- . ******The player cannot be assumed an affiliate with the requested team until such time as the player is approved by the Registrar.**
- Affiliation process for Warriors:
- The Coach/Manager must demonstrate that they have sought permission to affiliate the player from the registered team's Coach and from the player's parents via email. The email must then be forwarded to Registrar@wcmha.ca for final approvals.





Affiliation rules

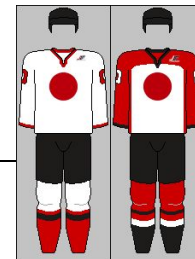


- Affiliation process for Crusaders:
- The Coach must complete the “Affiliation Permission Form found on HEO’s website here: <https://www.hockeyeasternontario.ca/members/forms/>
- The form must then be submitted to the Registrar (registrar@wcmha.ca) for final approvals. The cadence of approvals is both the Registrar and District 4.
-





Affiliation rules



Relevant for both Warriors and Crusaders:

- Commitments to the team the player is registered to ALWAYS comes first.
- Player affiliation must follow the eligibilities outlined in the D4 affiliation eligibility chart.
- A player can affiliate to more than one higher level team within the club.
- Each time the player is to be used as an affiliate the players' Coach MUST be asked (Coach to Coach).
- Teams may want to have a copy of the affiliated players Official Team Roster as well as their own team list when going to tournaments (available from the Registrar).
- Suspensions must always be served with the registered team, regardless of the team where the player received the suspension. During their suspension, a player cannot play with the affiliated team.
- Teams should affiliate players from more than one team so game conflicts can be avoided.
- Only players that will be used should be affiliated.
- Players do not need to be affiliated to practice with a higher division or category team, provided they are duly rostered at the lower division or category.





Policy Review – Parental Responsibility

- A parent/guardian must be responsible for each player
- If a parent leaves, another parent **MUST** be aware and responsible for their player
- **Please ensure to make this clear to your parents at the beginning of each season**
- Absolutely no drop offs without making contact with another parent
- Coaching staff is responsible to make sure every player has left the building and dressing room before they leave





Policies for Team Staff to review

- HEO Dressing Room Policy and implementation guide
 - "...HEO is committed to providing a safe, respectful and fully inclusive environment for players, parents/guardians, staff and volunteers ..."
- HEO Confidentiality Statement and Implementation guide
 - "...This confidentiality statement is written in accordance with Ontario's Human Rights Code (1990), which prohibits the discrimination of all people on a number of protected grounds: race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status, and disability..."
- Rowan's Law





Pre-Season Chat – Gender Identity

- In addition to successful completion of the online gender identity training, the Coach must ensure a pre-season gender identity talk with their teams has taken place before October 15th. This can be combined with code of conduct/fair play chat.
- Pre-season chat checklist can be found on HEO website
 - <http://www.hockeyeasternontario.ca/docs/Pre-Season%20Chat%20Checklist.pdf>
 - www.hockeyeasternontario.ca/pages/safety/gender-identity-training.htm
- Checklist and documented date of pre-season chat must be sent to risk@wcmha.ca





Medical Information Sheets

The medical form can be found on our website under Team Management then “Forms and Docs”

- To be completed by guardians
- 2 copies should be made
- **Bench Staff MUST be aware of existing conditions**
 - Hearing Impairment
 - Asthma
 - Concussion history
 - Diabetes
 - Allergies
- **Request a copy of any Affiliated players medical sheet from their team’s trainer**





Ice Scheduler

- ▶ Practices will go up after the game schedule is released.
- ▶ No ice is EVER to sit empty. If your team has ice and for whatever reason cannot use it you must contact the ice scheduler immediately. Do not release the ice online using the "offer this venue" button. This ice does not get returned to the ice scheduler- it just disappears off your schedule.
- ▶ If your team cannot use a practice and returns it there is no guarantee that there will be available ice to move it to. Make every effort to run the practice as scheduled.
- ▶ Exhibition games- please request exhibition games early in the season- even if you don't actually want to play one until later in the season. There will not be extra ice for exhibition games during regular season play- it's simply not there. Long weekends, over holidays and at the end of the season are great times to plan these games.
- ▶ Debbie Heuchert at wcice@wcmha.ca





Ice Scheduler

- Tournament dates reminder – please forward as soon as your tournament dates are confirmed.
- Moving games- I can help! Please contact me for help moving or rescheduling games if you need it. It does not have to be a hard or scary process.
- Buying extra ice– if your team wishes to purchase additional ice out of team funds please contact me. WCMHA policy is that all extra ice for teams must be purchased through our contracts so that teams are covered by our insurance policies. I can help find the ice and then invoice your team for it.





Game Cancellling/Rescheduling

- ▶ **Follow the rules from the League**
 - http://lanark.goalline.ca/page.php?page_id=45471
- ▶ Written approval from your League Statistician will be required
- ▶ Request for change in writing must be made at least 14 days in advance and must include the reason
- ▶ No team may change more than three (3) game times in a season
- ▶ **Whom to Notify in WC for Home Games**
Ice Scheduler WC - Debbie Heuchert – wcice@wcmha.ca
- ▶ ***The LCMHL Level convenor changes the league website.**





What if scenarios ?



No refs

- ▶ Game may have to be rescheduled.
- ▶ Immediate family members CANNOT act as referee for a family member's game as per HC Rule 5.2 (o) "The referee and linesmen shall be thoroughly impartial parties"

Not enough refs

- ▶ If the correct number of officials does not show for a game, then only if the coaches agree may one official be used for a two man system, or two officials be used for a three man system.
- ▶ The coaches must be informed prior to the game of this situation. If they do not agree then the game is not to be played. Once the game has been played with the lower number of officials, the game may not be appealed or protested for any reason caused by a lower number of officials





What if scenarios ?

No trainer

- ▶ Ask opposing team to borrow their trainer if needed**be sure to indicate on game sheet
 - or verify if there is a qualified First Aid person in the stands (nurse/firefighter)
- ▶ Refs must agree since the trainer is missing from your game sheet

Note: In the event one of the two trainers is not present it must be noted on the game sheets and the game goes on. If the trainers for both teams are not present, for the game to be allowed to go on, there must be a qualified First Aid person identified to the Referee in the arena who will accept responsibility for both teams



No timekeepers

- ▶ Call ref scheduler/referee-in-chief
- ▶ Ask parent volunteers to assist.





Manager Priority List

- Team contact list from your head coach
- Introduction note to your team
- Current schedule
- Jerseys
- Medical form
- Team questionnaire
- Team Budget
- Tournament booking
- Team Meet & Greet
- Travel Permits





Team Questionnaire

- This is a great tool to see what your families want out of the season
- # of tournament's Home & Away
- Fundraising options and Sponsorship's
- Up to date Contact information & Contact card information collection tool
 - If you would like a sample please let your LC know and we can provide one





Team Volunteer Positions

Get your families to participate in the team!!

Things you can have volunteers do:

- Photographer
- Social coordinator~ Christmas Cheer, Winter tobogganing party, Year end event etc
- Tournament Coordinator~ Potluck coordinator for tournaments
- Team statistician
- Fundraising coordinator





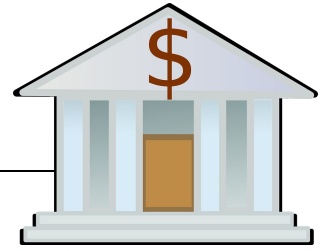
Team Communications

- When sending correspondence to your team **please Bcc** your team. This way no one can reply all and load people's email boxes
- Yes all parents will have access to other families email addresses if you have a contact card but it makes it easier for all to Bcc
- There is also privacy aspect for those families that have not given permission to release their email address
- Please be sure to include both parents on email correspondence
- Parents can request others be added to your correspondence list
Example: grandparents, step parents etc





Bank Letters



- Letters to open bank accounts will be provided. Please send the following information to Debbie Heuchert to get the letter.
 - Full names of 2 signing authorities from your team
 - Email Debbie at wcice@wcmha.ca





Jersey Boxes and Distribution

- Please go over each set of jerseys with the parents of the players and make note in the comment area on the issued inventory sheet if there are any damages not documented. *This is also available electronically by contacting **equipment@wcmha.ca***
- Have the parent initial beside the comment section for anything wrong with jersey set (if possible)
- It is up to the Manager and or Head Coach to issue the jerseys to the players and manage jersey # requests.
- You only have sizes and #'s provided in the box you have received so priority is given to sizing over preferred numbers.





Jersey Boxes and Distribution

- *****JERSEY SWITCHING BETWEEN TEAMS IS NOT PERMITTED*****
- Please contact our equipment manager at equipment@wcmha.ca if you require any jersey adjustments.
- Damages from skate blades are occurring more frequently and is avoidable. To avoid damages, please cover the blades when in the hockey bags if you will be storing the jerseys there as well, otherwise jerseys should not be housed in the bags. Garment bags are highly recommended
- When sewing on Name or Sponsor Bars, please hand stitch loosely. Sewing machines and adhesives are not permitted and will result in the cost of replacement to be charged back to the parents.





Jersey Boxes and Distribution

JERSEY COLLECTION END OF SEASON

- Managers or Head Coaches are responsible for collecting ALL equipment in a timely manner post season and returning everything at once.
- Bins that do not have all jerseys add to the volunteer work to go back and follow up for the whereabouts so we ask for your cooperation in the process.
- Managers or Head Coaches are responsible for inspecting all equipment, ensuring they are clean and in good condition. The state of the jerseys need to be documented on the inventory sheet or electronically which is issued at the start of season.
- A timeline will be communicated at the end of the season as to when the bins need to be returned to the WCMHA Equipment Manager.





Jersey Boxes and Distribution

IMPORTANT NOTES

- The league does not permit the purchase of jersey's as they need to be re-used for the following seasons.
- Jersey's that are considered damaged beyond acceptable repair must be verified by the WMCHA Equipment Manager and a check for \$250 is required (\$125 for half the set) made out to the WCMHA
- Unreturned jersey's and/or outstanding payments will result in the suspension of the player's registration in the following season.

Please communicate to the parent's to read the Policy on the use and care of WCMHA equipment which is located on the WCMHA website.





Sponsor Bars & Name Bars

- All sponsor and name bars are to be hand-sewn, and nothing is to be ironed or glued. They can be purchased as a team order for uniformity every season from the same supplier. They must be removed before returning the jersey's.
- Sponsor bars are optional as teams may choose to use travel banners. If sponsor bars are used, they are to be the consistent sponsor bar on all players home and/or away set of jerseys





NEW for 23-24 Equipment Use Policy

- Please refer to the [Policy on the proper care of WCMHA equipment](#)
- https://www.wcmha.ca/_files/ugd/2d77d4_edc6fc796a9e45959ef0e6ea55921e03.pdf

This information should be sent to all parents

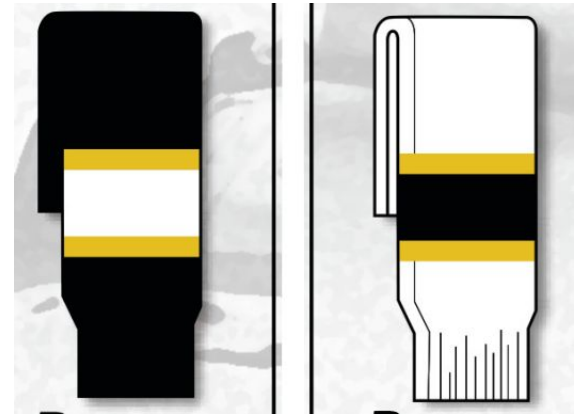




Player Game Socks

For 2023–24 season, the league has secured home and away socks to ensure uniformity at the house level. The league can provide a home and away set which at a total cost of \$20 per set (two pairs). Managers and Coaches are to coordinate with the WCMHA equipment manager (equipment@wcmha.ca) for their requirements and is payable by check made out to the WCMHA or new for this year you can E-transfer to equipment@wcmha.ca.

- **No player is to ever step on the ice with mismatched socks**
- We all represent our association lets show our pride with neat and tidy appearance and behaviour!
- Sizes are Small – 20” , Medium – 24” , Large – 28”





Fundraising & Sponsorship



- Team Fundraising
- What is your Goal?
- What are you planning on doing this season and what are the costs?
- Prepare a team budget
 - Costs:
 - Tournaments
 - Clothing
 - Team building
 - Extra ice
 - Goalie Clinics
- You need to know your Goal before deciding what you should be doing.





Fundraising & Sponsorship



WCMHA is proud of some new sponsorship opportunities for the 2023-24 season. Any specific questions can be directed to marketing@wcmha.ca

ProHockey Life

-Each player will receive a Player Pass which gives them 5 free skate sharpening, and 15% off three orders during the season

-Hockey Life will also be launching a "Community Rack" where WC branded gear will be sold in stores. This partnership has just been confirmed, more info to come.

-The also offer the option to purchase team gear (jackets, hats, etc) through them.





Fundraising & Sponsorship



Mavericks Donuts

-Each player received a discount card giving them 10% off each order and giving back 15% to the association at the end of the season.

-Mavericks has also provided one donut per player to be given as hardest work gifts through the season and they will be sponsoring product at various events including Crusaders Day and Warriors Weekend.





Fundraising & Sponsorship



Ottawa Senators

-The Sens are providing minor hockey pricing for all games this season

<https://fevo.me/wcmha2324>

We are planning to make Monday November 27th WCMHA night when the Sens take on the Florida Panthers.





Social Media

Make sure to share team news/highlights with the association and we will post to our social media channels. Stay up to date through social media

Facebook – @westcarletonminohockey

Instagram – @westcarletonminorhockey

YouTube @westcarletonminorhockey

(https://www.youtube.com/channel/UCxXTrW_A2e0vNkylt2cWwWaA)

Hashtags

#wcmha

#WCWarriors

#WCCrusaders





WCMHA Events

October

- Crusaders Day (Saturday Oct. 14)
Crusaders Picture Day Oct 14

November

- House A Tournament (Nov 17-19)
Warriors Picture Day (Date TBC)
Nov 27 Sens vs FLA

December

- Santa Parade
- U9 House Tournament

January

- WCMHA @ Icelynd
- IP Fun Day

February

- U9 Fun Day

More to come! Make sure to follow us on social media to stay up to date





Crusaders Day – October 14



We are offering each Crusaders team the opportunity to host the raffle/bake sale table in an effort to raise money for your respective team. We will also be running a 50/50 draw all day. In order for your team to share in the proceeds from the 50/50 draw, you must also be willing to run the raffle/bake sale table for a period of time. Each team would be requested to work the table for the hour before their game. You can decide what you would like to do/offer during your hour. A schedule has been sent to team managers

October 14 is also picture day for all Crusaders teams. Pictures will be taking place at the ODR.





Hosted Tournaments



- **WCMHA House A Tournament (Nov 17-19)**
 - Nov 17-19 Carp Arena
 - U11,U13,U15,U18 House A Teams Expected To Participate
- **19th Annual U9 Holiday Classic (Dec 15-19)**
 - U9 House A, B and C
 - WCMHA is one of the host associations
 - Discounted registration fee by \$100.00
 - Fundraising opportunity for our teams





Tournaments



- It is very important to book your tournaments ASAP
- A complete tournament list can be found at <http://www.heominor.ca/tournaments>
- ***don't forget to let our Ice Scheduler know your tournament dates and get send your tournaments to you Statistician at LCMHL**
- Hotel bookings for away tournaments must be done very quickly once you have decided on your away tournament
- Tournament Advance cheques can be secured from [Ross Morgan](#) the WC Treasurer





WCMHA Picture Day – Team Photos

Dates to be announced

Carp Agricultural Hall, 3790 Carp Road

Photos by MVP Photography





Referee Scheduling



- ▶ To book Referees and timekeepers for make-up games or exhibition games contact Debbie wcice@wcmha.ca. Officials will not be booked if it's not done through official channels.
- ▶
- ▶ If a home game is changed please be sure to contact wcice@wcmha.ca with the details of the cancelled game.
- ▶ Each team is granted Time Keepers and Referees for 2 Exhibition games each season at no extra charge.
- ▶ ****Ice is not part of this allocation





Scorekeepers / Timekeepers

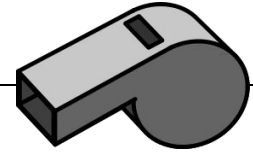


- **Scheduled by WCMHA for all of our home games.**
- **The Home Team is responsible to prepare the Game sheet**
 - Must have the game number printed clearly (Game sheet stickers next slide)
 - If you are using pre-printed stickers, ensure they are used on ALL 4 copies of the game sheet AND located in the correct position
 - Must have the coach & trainer #
 - Each team will receive 20 game sheets
 - Any game sheet with a suspension should be clearly defined on all 4 copies
- **You can find a “How to fill in a game sheet” doc**
- **http://lanark.goalline.ca/files/how_to_fill_out_a_gamesheet_-_lcmhl.pdf**
- .





Notable rules



- ▶ No videos/photographs allowed in dressing room
- ▶ Zero tolerance with respect to alcohol or vaping in dressing room
- ▶ Players under the age of 16 who are unable to participate in a game (due to injury, NOT Suspension) are permitted behind the bench during a game. They must be on the game sheet (registered player who is insured) and must wear a CSA Approved Helmet with facemask when behind the bench





Suspension Reporting



- ▶ **The HEO Minor code of discipline, Item 9.0 c) of the HEO handbook, defines the Coach's role pertaining to suspensions. The following explains this procedure in District 4.**

- ▶ **LCMHL TEAMS MUST**
 - Report any code of discipline offence that results in the player/official being removed from the game and confirm the discipline (if any) to be assessed (number of games to be served)
 - Report the incident USING THE ONLINE REPORTING TOOL TTM
 - www.WCMHA.ca Reporting Suspensions can be found under Team Management
 - Should you have any issues with the tool, please email suspensions@lcmhl.ca

- ▶ **Very Important**
 - The ref provides the ruling, District 4 provides the suspension
 - They track the player/coach history!
 - Don't ask the ref how many games to serve.....
 - Be sure to enter each game served in the TTM **server**





Suspension Reporting



The system is accessed from

- The LCMHL website (For Teams)
- http://lanark.goalline.ca/page.php?page_id=45504

Referee in Chief





Suspension Reporting



◦ <http://district4.myttm.ca/?pg=024&ws=district4&tl=0>

NOTE: TTM will be modifying the interface and will look different

Minimum Suspensions from Code of Discipline

Conditions

Individual: Player
Jurisdiction: ODMHA (Ottawa District Minor Hockey Association)
District Code of Discipline: District4
League Code of Discipline: N/A
Club/Association Code of Discipline: N/A
Infraction: GM30 (Major Penalty)

Minimum Suspensions

ODMHA Minimum Suspensions for Infraction GM30

1st Occurrence: 1 game suspension
2nd Occurrence: 2 game suspension
3rd Occurrence: 2 game suspension and until a District Disciplinary Hearing
4th or more Occurrence: Suspended until a ODMHA Disciplinary Hearing

District 4 Imposed Minimum Suspensions for Infraction GM30

1st Occurrence: 1 game suspension
2nd Occurrence: 2 game suspension
3rd Occurrence: 2 game suspension and until a District Disciplinary Hearing
4th or more Occurrence: Suspended until a ODMHA Disciplinary Hearing

Note: Imposed Minimum Suspensions include any district, league or club Code of Discipline that may apply.

Referee in Chief





Who do I contact ?

- ▶ As members of WCMHA we may encounter situations which we believe call for immediate attention. It is important that we follow the chain of command and direct questions or complaints to the appropriate individuals within our association so they can be handled appropriately. If you find yourself wanting to bring an issue forward, the first step is to abide by the **24 hour rule**- take a step back and don't do anything until you have exercised the 24-hour rule and any emotions have subsided.
- ▶ Begin with your Coach. If your issue isn't addressed to your satisfaction, then contact your Level Coordinator or the Director of Risk & Safety. If necessary, then escalate to the appropriate WCMHA Hockey Director (Recreational not Competitive) or other appropriate Board Member . If all of this fails, the last step is the WCMHA President. Contact information for those individuals can be found on the [WCMHA website](#).
- ▶ Any issues with regards to the league, opposing teams, etc...should be brought forth to the Board of Directors, please do not send any complaints to the LCMHL Convenors or League Statisticians – they will simply refer you back to the WCMHA President. Please do not contact any Board Members of District 4, the Lanark/Carleton League or the Ottawa District Minor Hockey Association until you have completed the steps above.





WEST CARLETON MINOR HOCKEY ASSOCIATION

Thank You for Volunteering

Volunteering is an enriching experience in so many ways. When you become part of our team, you have an opportunity to:

- support a cause you truly believe in
- apply your current skills and gain some new ones
- meet new people, make new friends, and develop professional contacts
- feel the personal satisfaction of helping others
- make a difference in your own community

The rewards are as unique and personal as your reasons for wanting to volunteer.

